

JAMES ALLEN

MORNING *and* EVENING THOUGHTS

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James Allen was a British philosophical writer known for his inspirational books and poetry and as a pioneer of the self-help movement. Allen wrote about complex subjects such as faith, destiny, love, patience, and religion but had the unique ability of explaining these subjects clearly and in a way that is easy to understand.

His best known work, **As a Man Thinketh**, has been mass-produced since its publication in 1903. **Morning and Evening Thoughts** was published in 1909 and provides a thought for each morning and evening of the day for a month. This book, compiled by his wife, Lily Allen, draws on quotes and sayings from Allen's other works.

| 01 · Preface | 02 · Days 1 through 10 | 03 · Days 11 through 20 | 04 · Days 21 through 30

Audiobook read by SK

TOTAL RUNNING TIME: 00:47:37

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